



“My daughter knows how to float on her own now and is not afraid putting her face in the water. Thank you so much for helping her get over the fear.”

Spring Break, 2024

LEARN TO SWIM PROGRAM

No More Under

Spring Break was No More Under's **most impactful week**, to date! We supported ~ **350 children receiving free swim lessons** across 12 King County, WA locations

Drowning is the leading cause of death for children aged 1-4
and the
second leading cause of death for children aged 5-14 years.



Swim lessons can
reduce the risk of
drowning by up to
88%

However, many children do
not learn to swim due to
financial barriers.

Participant Demographics

**Participants Who Qualified
for Free Lunch:**

66%



**Had Little or No Formal
Swim Lesson Experience:**

71%

These two statistics are significant because 79% of children from low-income families have low to no swimming ability.*

Participant Demographics

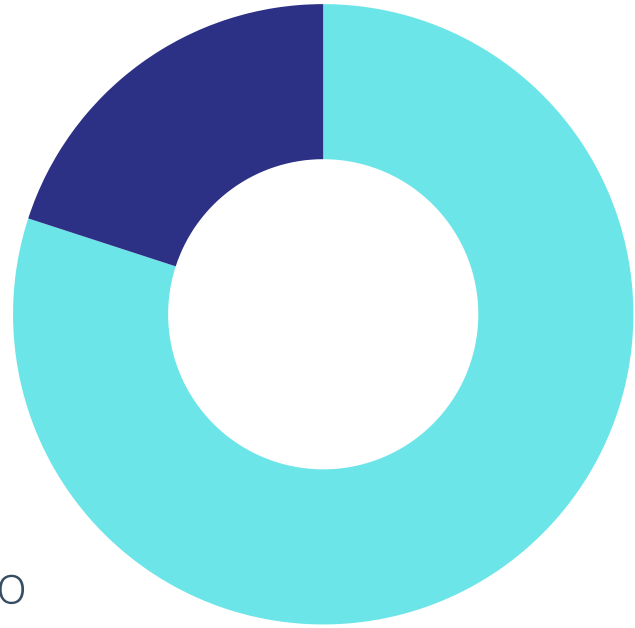
Participants

Identified as BIPOC:

(Black, Brown, Indigenous, or Person of Color)

80%

This is incredibly significant because Black and brown children drown up to 7.6 times more frequently than white children of their own age.**

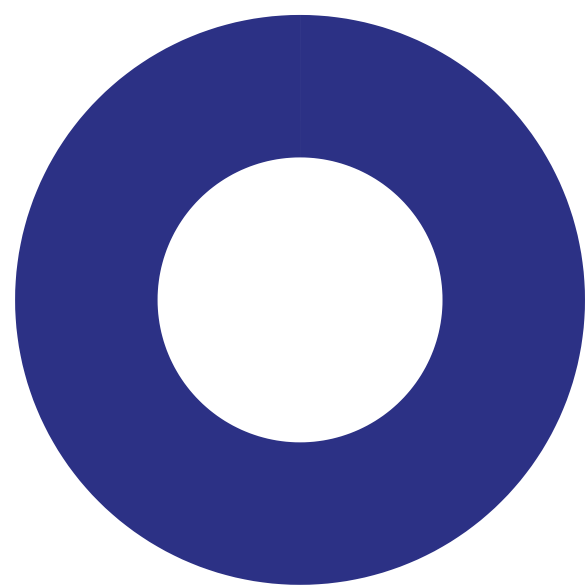


**18 Unique
Languages
were
Represented
Across the
Programs**



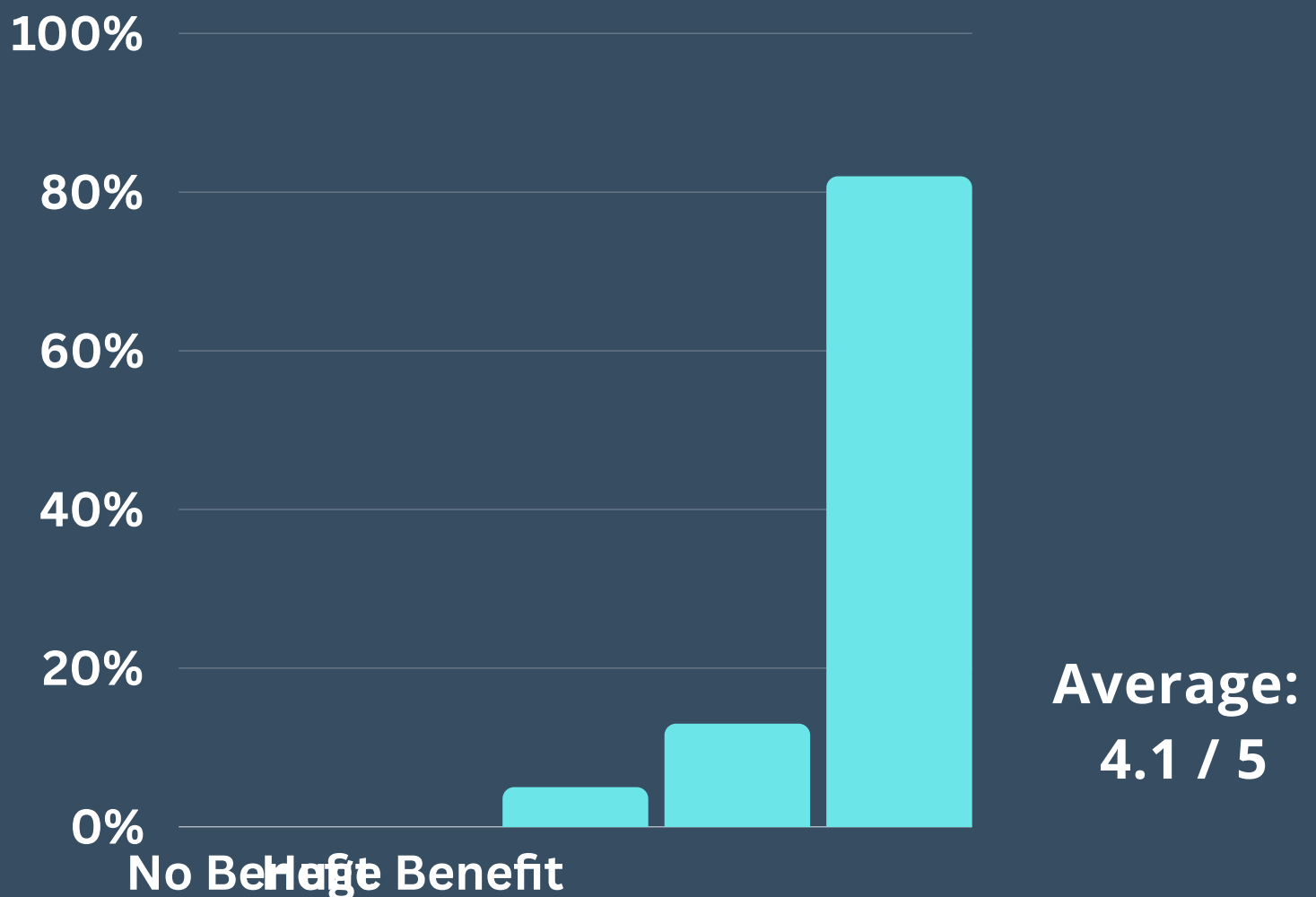


Would you like more swim lessons?



**Yes
100%**

Do you feel as if your swimmer/s benefitted from these lessons?



Positive Feedback We Recieved:

- I loved seeing my child get comfortable in the water.
- It was highly important for us that these lessons were free. We couldn't afford lessons anywhere for both kids.
- Everything was wonderful. It helped me become more conscious that it is a necessity for kids to learn to swim and know water safety.
- Thank you for the goggles, my kids were so excited and it helped encourage them into the water!
- Thank you so much for your support and kindness you showed by giving basic swimming skills for my child
- We are very grateful for all the support and assistance we received from these amazing program.
- Receiving these free lessons were very important for my children, now they are interested in learning more about swimming lessons.
- It was so cool seeing my child going into the 13ft area!
- My daughter looked forward to the lessons everyday. It was her highlight of the day and the week..
- Both my kids are slowly over coming fear of the water and the goggles definitely helped!

